



The Ascent360 Platform displays all times in Mountain Time (MDT/MST) regardless of what time zone the end user is on. Therefore any export time or email send time is scheduled and displayed in Mountain Time.

The Mountain Time zone is an area 7 hours behind **Greenwich Mean Time (GMT-7)** during the winter months (referred to as MST - Mountain Standard Time) and 6 hours behind **Greenwich Mean Time (GMT-6)** during the summer months (referred to as MDT - Mountain Daylight Time).
